

Family Readiness



The Vengeance family includes not only the uniformed and civilian members of this command, but also the spouses, children, parents, siblings and chosen family of our Marines and Sailors. Our ability to accomplish our mission is directly dependent on our ability to balance the demands of our profession of arms with our duty to our families. Our Family Readiness programs are critical tools that enable us to focus on our mission, secure in the knowledge that our families are prepared for the challenges associated with our absence during training, contingency or combat operations. To make this happen, we strive to ensure all members of the Vengeance family are **Welcomed, Informed, Resilient** and **Ready**.

Welcomed: Whether your experience as a member of the Marine Corps family has spanned months or decades, Veronica and I welcome you to the Vengeance family. We look forward to meeting each of you, and encourage you to participate actively in our Family Readiness Program. Each member of the extended Vengeance family has something to offer, and we all benefit when we share the diverse experience, talent, and knowledge that exists among us.

Informed: Mrs. Rebecca Fell Ranshaw is the Vengeance Family Readiness Officer (FRO). She does the hard work of turning my vision for Family Readiness into reality by ensuring Vengeance families:

- Understand the additional responsibilities that fall on family members when their Marine is away.
- Are aware of and able to use benefits, entitlements, programs and services available through the Department of Defense, the Marine Corps and the local community.
- Are knowledgeable about the resources this command can use to assist in achieving personal and family readiness goals.

Resilient: The military lifestyle is not an easy one, and it imposes unique stress on family and personal life. Resilient Marines, Sailors and families are better able to handle these stresses. They must be both independent, able to deal effectively with life stressors, as well as interdependent, knowing that there is a support system in place to help when those stressors threaten to overwhelm them. This support system includes the command, the Family Readiness Officer, other military families, neighbors, and the community around us.

Ready: Ready family members are adaptable and flexible, prepared for the uncertainty and anxiety brought on by separation from their Marine or Sailor. Ready family members may not have every answer, but they know where to find them. Participation in Squadron events, and the use of the numerous resources available both on and off base contribute positively to a ready Vengeance family. The strength of the Vengeance family is our Marines, Sailors, and their loved ones. When they are ready, Vengeance is ready.

Lieutenant Colonel Robert J. Weingart
Commanding Officer, Marine Light Attack Helicopter Squadron 469

Attack with Vengeance!

