



VMU-1 Commanding Officer's Family Readiness Policy Letter

The mission of the Unit Personal and Family Readiness Program (UPFRP) is clear: To train and prepare Marines, Sailors and families to ensure optimum resiliency when faced with the challenges of deployed operations around the globe. Only when every Marine and family in a unit achieves this level of personal and family readiness will we be truly mission capable.

Operational readiness, as well as personal and family readiness, directly affects the fundamental mission of the Marine Corps, which is to make Marines and win battles. Our most sacred resource is the individual Marine and his/her family and our success as an institution is inextricably linked to their morale and well-being.

Personal and family readiness is the ability of the individual Marine and his/her family to successfully balance the challenges of a military lifestyle with their duty to family. It has been identified as a combat multiplier equally as important as individual, equipment and combat readiness. With families in a higher state of readiness, individual Marines are better able to perform their assigned missions efficiently, effectively and safely, thereby promoting a higher state of unit readiness.

Each of you, the individual Marines and Sailors of VMU-1, are ultimately responsible and accountable for your personal and family readiness. While no one program can completely negate the sacrifices inherent and unavoidable in the Naval Service, UPFRP can leverage resources and significantly mitigate the negative aspects. As a byproduct, families and Marines will experience improved quality of life and a feeling of empowerment.

There are numerous resources available to assist in the pursuit and achievement of a high state of personal and family readiness. I charge all leaders to assist in the implementation of this program by providing counsel to Marines on the opportunities to participate in UPFRP training and events.

By focusing on personal and family readiness and participating in events and training, the Marines, Sailors and families of VMU-1 will be confident and ready when we are called.

Semper Fidelis,

J.B. Barranco
Lieutenant Colonel, U.S. Marine Corps
Commanding

