

## MFLC

**Military & Family Life Counselors (MFLCs)** are experienced behavioral health professionals who work with Marines and their families to address deployment, return and reunion issues as well as other stressors that impact a Marine's daily life. MFLCs do not provide medical care; if a Marine requires medical support from a psychologist or psychiatrist, the MFLC will assist in connecting the Marine to the appropriate resource.



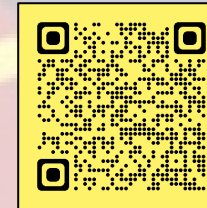
442-364-9581  
1-800-342-9647

## MWSS-372 Website



## Chaplain

**Chaplains** are the military's religious leaders. They are responsible for tending to the spiritual and moral well-being of service members and their families. The chaplain's responsibilities include performing religious rites, conducting worship services and providing confidential counseling.



O: 760-725-8180  
C: 760-207-4665



Single Marine Program

## SDO

O: 760-763-3373  
C: 858-539-6439

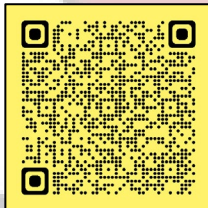
MCCS Weekly Insider



## MCCS Community Counseling

**Free counseling to service members and their family members.**

- Stress and Adjustment
- Couples Counseling
- Depression and Anxiety
- Grief and Loss
- Occupational Problems
- Family Counseling



- Parent-Child Relationships
- Partner and Sibling Issues
- Occupational Problems
- Anger and Anxiety Issues
- Stress and Adjustment Issues
- Grief and Loss
- Parent-Child Relationships

760-763-3222

Military One Source (24 hrs): 1-877-476-7734  
Suicide and Crisis Lifeline: 988

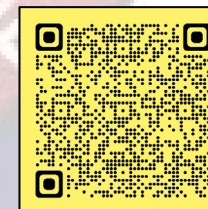
## 22 Area Maintenance Request



## SAPR

The **Sexual Assault Prevention and Response (SAPR) Program** serves as a resource for military members and their adult dependents who have been victims of sexual assault.

A **SAPR Victim Advocate** provides a spectrum of support, advocacy, and liaison services to eligible military and civilian sexual assault victims in accordance with DoD and Marine Corps policies.



DoD Sexual Assault Helpline: (877 ) 995-5247  
24/7 Sexual Assault Helpline: (760) 500-1707